



Growing Harvesting Preparing Sharing

# Lemon Curd

Season: All

**Makes:** Enough for some very small tastes, or about a 400 g jar

#### Fresh from the garden: eggs, lemons

Lemon curd is a great way to use up excess lemons, as so many people love it. (This also makes it a great fundraiser idea!)

**Note:** You can make vanilla sugar by keeping caster sugar in a sealed jar with a couple of split vanilla beans. Top up as used.

## **Equipment:**

medium saucepan
metric measuring scales
clean tea towel
chopping board
cook's knife
fine grater
citrus juicer
medium stainless steel bowl
whisk
sterilised jars with lids\*

## **Ingredients:**

zest and juice of 3 large lemons 100 g vanilla caster sugar 5 egg yolks 150 g salted butter

#### What to do:

- 1. Half fill the saucepan with water and put it on to boil.
- 2. Prepare all of the ingredients based on the instructions in the ingredients list.
- 3. Place lemon zest and juice, sugar and egg yolks into the stainless steel bowl.
- 4. Place the bowl over the saucepan of boiling water, making sure the water doesn't touch the bowl. Whisk constantly until the mixture thickens like custard and is frothy.
- 5. Chop the butter into 1 cm cubes.
- **6.** Remove the bowl from the heat and whisk in the butter until the mixture is smooth.
- 7. Place into sterilised jars with lids.
- 8. Refrigerate until required.
- \* Adult supervision required. To sterilise jars and lids, wash them in hot soapy water, then rinse them in hot water. Place in a stockpot of boiling water for at least 10 minutes. Drain jars upside down on a clean tea towel and dry them thoroughly in a 150°C oven. Remove the jars from the oven and fill while still hot.

