

Growing Harvesting Preparing Sharing

Chinese Wonton Egg Noodle Soup

Season: All

Serves: 30 tastes in the classroom or 6 at home

Fresh from the garden: chilli, coriander, seasonal Asian greens, spring onions

Note: You'll be using Chicken Stock (page 133) or Vegetable Stock (page 171), Spinach Wontons (page 161) or Steamed Chicken, Ginger & Vegetable Wontons (page 162), and Basic Egg Noodles (page 114) for this dish.

Equipment:

metric measuring jug and spoons large pot clean tea towel chopping board cook's knife serving bowls

Ingredients:

3 L Chicken Stock or Vegetable Stock

4 cm knob of ginger, peeled but left whole

1 large red chilli, de-seeded and finely sliced

4 tbsp shao hsing wine (Chinese rice cooking wine)

3 tbsp soy sauce

1 tsp sesame oil

salt and fresh black pepper, to taste

8 spring onions, sliced

30 Spinach Wontons or Steamed Chicken, Ginger & Vegetable Wontons

100 g Basic Egg Noodles

1 large handful of seasonal Asian green leaves, finely chopped

1 small handful of coriander, finely chopped

What to do:

- 1. Prepare all of the ingredients based on the instructions in the ingredients list.
- 2. Heat the stock in a large pot.
- 3. Add the ginger, chilli, shao hsing wine, soy sauce and sesame oil.
- 4. Bring it to a boil, turn the heat to low, and simmer for 10 minutes.
- 5. Season with salt and pepper, and add spring onions.
- 6. Add the wontons and, when the soup returns to the boil, reduce the heat to low and cook for 1 minute.
- 7. Add the egg noodles and seasonal greens, and simmer for another minute.
- 8. Divide evenly into serving bowls and sprinkle with coriander.

